



November 2017 Breakfast Menu

No Pork Products Served



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| | | 1 Fresh Baked Blueberry Muffin w/ Yogurt Fresh Fruit Milk | 2 Whole Grain Corn Muffin Fresh Fruit Milk | 3 Scrambled Eggs, Home Fries & Whole Grain English Muffin Fresh Fruit Milk |
| 6 French Toast Sticks Fresh Fruit Milk Syrup | 7 Cream Cheese Stuffed Bagels Fresh Fruit Milk | 8 Turkey Bacon, Egg & Cheese Breakfast Boat Fresh Fruit Milk | 9 Fresh Baked Blueberry Muffin w/ Yogurt Fresh Fruit Milk | 10 Mini Cinni Fresh Fruit Milk |
| 13 French Toast Sticks Fresh Fruit Milk | 14 Honey Wheat Bagel w/ Cream Cheese Fresh Fruit Milk | 15 Hearty Oatmeal w/ Toppings Fresh Fruit Milk | 16 Fresh Baked Apple Cinnamon Muffin w/ Yogurt Fresh Fruit Milk | 17 Scrambled Eggs, Home Fries & Whole Grain English Muffin Fresh Fruit Milk |
| 20 Whole Grain Corn Muffin Fresh Fruit Milk | 21 Honey Wheat Bagel w/ Cream Cheese Fresh Fruit Milk | | | 24 |
| 27 French Toast Sticks Fresh Fruit Milk Syrup | 28 Blueberry Bagel Fresh Fruit Milk | 29 Turkey Sausage Breakfast Pizza Fresh Fruit Milk | 30 Assorted Cold Cereal w/ Graham Crackers Fresh Fruit Milk | This institution is an equal opportunity provider. |

Cold Cereal Selections

- Apple Cinnamon Cheerios
- Toasted Cheerios
- Cinnamon Toast Crunch
- Fruity Cheerios
- Cocoa Puffs
- Trix
- Cinnamon Chex

Fresh Fruit Selections

- 1c of fresh fruit offered daily
- Apple
 - Banana
 - Pear
 - Orange

Milk Selections

- Choice of 8oz milk offered daily
- 1% Plain
 - Fat Free Plain
 - Fat Free Chocolate