



October 2017 Breakfast Menu

No Pork Products Served



Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks Fresh Fruit Beverage Syrup	3 Fresh Baked Blueberry Muffin w/ Yogurt Fresh Fruit Beverage	4 Assorted Breakfast Rounds Fresh Fruit Beverage	5 Mini Cinni Fresh Fruit Beverage	6 Assorted Cold Cereal w/ Graham Crackers Fresh Fruit Beverage
9 	10 Assorted Granola Bars Fresh Fruit Beverage	11 Fruit Frudel Fresh Fruit Beverage	12 Assorted Cold Cereal w/ Graham Crackers Fresh Fruit Beverage	13 Scrambled Eggs, Home Fries & Whole Grain English Muffin Fresh Fruit Beverage
16 French Toast Sticks Fresh Fruit Beverage Syrup	17 Assorted Cold Cereal w/ Graham Crackers Fresh Fruit Beverage	18 Honey Wheat Bagel w/ Cream Cheese Fresh Fruit Beverage	19 Toasted Whole Grain Waffles Fresh Fruit Beverage Syrup	20 Turkey Bacon, Egg & Cheese Breakfast Boat Fresh Fruit Beverage
23 Mini Cinni Fresh Fruit Beverage	24 Whole Grain Corn Muffin Fresh Fruit Beverage	25 Turkey Sausage Breakfast Pizza Fresh Fruit Beverage	26 Honey Wheat Bagel w/ Cream Cheese Fresh Fruit Beverage	27 Toasted Whole Grain Waffles Fresh Fruit Beverage Syrup
30 Toasted Whole Grain Waffles Fresh Fruit Beverage Syrup	31 Mini Cinni Fresh Fruit Beverage			

Cold Cereal Selections

- Berry Kixx
- Honey Nut Scooters
- Whole Grain Chex
- Raisin Bran
- Toasty O's

Fresh Fruit Selections

1c of fresh fruit offered daily

- Apple
- Banana
- Pear
- Orange

Milk Selections

- choice of 8oz milk offered daily
- 1% Plain
- Fat Free Plain
- Fat Free Chocolate



This institution is an equal opportunity provider.