



# Lunch Menu January 2018



No Pork Products Served

## Fresh Fruit Selections

1c of fresh fruit offered daily

- Apple
- Banana
- Pear
- Orange

## Milk Selections

Choice of 8oz milk offered daily

- 1% Plain
- Fat Free Plain
- Fat Free Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>3 Cheesy Lasagna Roll Ups w/ Ripstick</b> Parmesean Broccoli Fresh Fruit Milk	<b>4 Teriyaki Meatballs w/ Pineapple Brown Rice</b> Teriyaki Italian Green Beans Fresh Fruit Milk	<b>5 Chicken Nuggets w/ Dipping Sauce</b> Garbanzo Bean Salad Fresh Fruit Milk Honey Mustard
<b>8 Grand Slam Breakfast</b> Tater Tots Fresh Fruit Milk	<b>9 Turkey Hot Dog</b> Savory Baked Beans Fresh Fruit Milk	<b>10 Fish Po'Boy</b> Creamy Cole Slaw Fresh Fruit Milk	<b>11 Baked Penne w/ Rip Stick</b> Broccoli Fresh Fruit Milk	<b>12 Cheese Pizza Slice</b> Chilled Baby Carrots Fresh Fruit Milk
	<b>16 Buffalo Chicken Cheesesteak</b> Waffle Cut Fries Fresh Fruit Milk	<b>17 Macaroni &amp; Cheese w/ Chicken Sticks</b> Three Bean Salad Fresh Fruit Milk	<b>18 General Tso's Chicken</b> Broccoli Fresh Fruit Milk	<b>19 Chicken Nuggets w/ Dipping Sauce</b> Herb Peas & Carrots Fresh Fruit Milk Lintons BBQ Sauce
<b>22 Chicken Nuggets w/ Dipping Sauce</b> Creamy Whipped Potatoes Fresh Fruit Milk	<b>23 Cheeseburger</b> Pennsylvania Blend Vegetables Fresh Fruit Milk	<b>24 Cheddar, Broccoli and Chicken Penne Pasta</b> Fresh Fruit Milk	<b>25 Oven Fried Chicken w/ Hoppin John ,Jalapeno corn bread</b> Fat Free Chocolate Milk 1% White Milk Fat Free Strawberry Milk Nonfat Milk	<b>26 Cheese Pizza Slice</b> Roasted Baby Carrots Fresh Fruit Milk
<b>29 Turkey Ham and Cheese Pretzel Melt</b> Herb Peas & Carrots Fresh Fruit Milk Mustard	<b>30 Super Nacho Supreme</b> Chilled Black Bean & Corn Salad Fresh Fruit Milk	<b>31 Calzone</b> Italian Stewed Tomatoes Fresh Fruit Milk Lintons marinara	This institution is an equal opportunity provider.	

