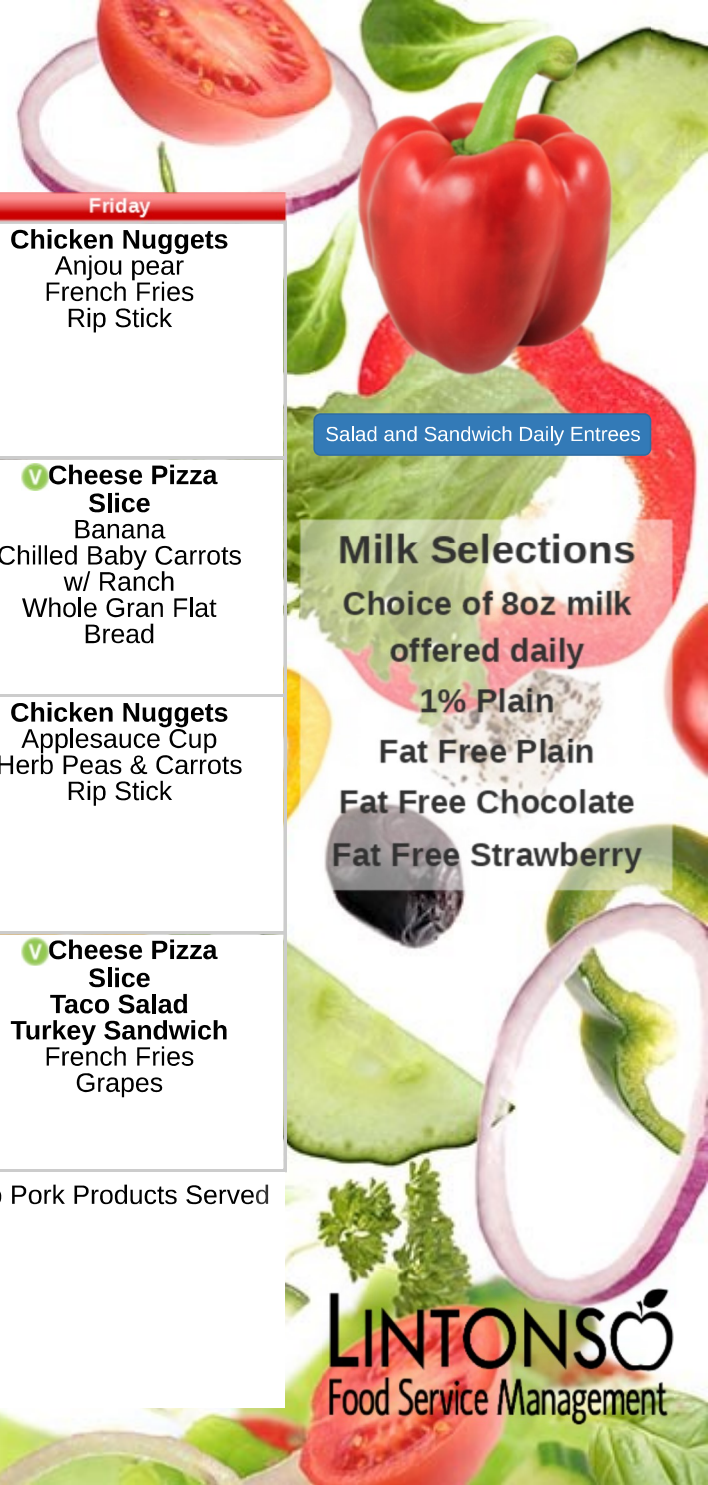




February Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

V Vegetarian

Salad and Sandwich Daily Entrees

Milk Selections

Choice of 8oz milk offered daily

1% Plain

Fat Free Plain

Fat Free Chocolate

Fat Free Strawberry



1 **Chicken Nuggets**
Anjou pear
French Fries
Rip Stick

4 **Spaghetti & Meatballs**
Anjou pear
Garden Salad

5 **Chinese New Year Moo Shu Chicken**
"Fried" Brown Rice
Fortune Cookie
Sliced Peaches

6 **Turkey Ham and Cheese Pretzel Melt**
V Veggie Burger
Sliced Apples
Smiley Fries

7 **Oven Baked Rotisserie Chicken**
Apple Juice
Brussel Sprouts
WG Biscuit

8 **V Cheese Pizza Slice**
Banana
Chilled Baby Carrots w/ Ranch
Whole Gran Flat Bread

11 **Sweet Sloppy Joe's W/ Lentils**
Orange
Rip Stick
Smiley Fries

12 **Macaroni and Cheese w/ Chicken Tenders**
Banana
Chilled Baby Carrots w/ Ranch
Whole Gran Flat Bread

13 **Breakfast for Lunch! French Toast Sticks w/ Turkey Sausage**
Anjou pear
Broccoli
Rip Stick

14 **Cheeseburger**
Banana
Cajun Black Beans
Heart Cookie
Whole Gran Flat Bread

15 **Chicken Nuggets**
Applesauce Cup
Herb Peas & Carrots
Rip Stick

19 **Pasta Bolognese**
Broccoli
Pineapple Tidbits
Whole Gran Flat Bread

20 **Buffalo Chicken Mac & Cheese**
Banana
Buttered Green Peas
Rip Stick

21 **Oven Baked BBQ Chicken**
Collard Greens
Red Delicious Apple
Roasted Sweet Potatoes
Whole Gran Flat Bread

22 **V Cheese Pizza Slice**
Taco Salad
Turkey Sandwich
French Fries
Grapes

25 **Breaded Chicken Filet Sandwich**
California Blend
Fruit Punch

26 **Fresh Super Beef Nachos**
Applesauce Cup
Cajun Black Beans
Fresh Pico De Gallo
Whole Gran Flat Bread

27 **Turkey Hot Dog**
Rip Stick
Roasted Baby Carrots
Sweet Frozen Strawberries

28 **Turkey Chili Bowl**
Anjou pear
Broccoli
Whole Gran Flat Bread

No Pork Products Served

LINTONSO
Food Service Management