

May 2022

# School Lunch

ICS  
Lunch Menu

<p>02</p> <p><b>Entree</b> Turkey Ham and Cheese Pretzel Melt</p> <p><b>Vegetables</b> Fresh Baby Carrots</p> <p><b>Fruit</b> Fresh Apple</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>03</p> <p><b>Entree</b> Cheese Pizza (V)</p> <p><b>Vegetables</b> Seasoned Green Beans</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>04</p> <p><b>Entree</b> General Tso Meatballs Over Rice</p> <p><b>Vegetables</b> Steamed Broccoli</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>05</p> <p>Southern Popcorn Chicken Bowl with Cheese</p> <p><b>Entree</b> Southern Popcorn Chicken Bowl with Cheese</p> <p><b>Vegetables</b> Steamed Corn</p> <p><b>Fruit</b> Pineapple Tidbits</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>06</p> <p><b>Entree</b> Mozzarella Sticks</p> <p><b>Vegetables</b> BBQ Baked Beans</p> <p><b>Fruit</b> Orange</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>
<p>09</p> <p><b>Entree</b> Cheeseburger</p> <p><b>Vegetables</b> Roasted Baby Carrots</p> <p><b>Fruit</b> Fresh Pear</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>10</p> <p><b>Entree</b> Beef Soft Tacos</p> <p><b>Vegetables</b> Latin Styled Red Beans</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>11</p> <p><b>Entree</b> Chicken Nuggets</p> <p><b>Vegetables</b> Steamed Broccoli</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Grains</b> Dinner Roll</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p> <p><b>Misc.</b> BBQ Sauce Cup</p>	<p>12</p> <p><b>Entree</b> Pancakes w/ Turkey Sausage</p> <p><b>Vegetables</b> Tater Tots</p> <p><b>Fruit</b> Orange</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>13</p> <p><b>Entree</b> Cheese Pizza (V)</p> <p><b>Vegetables</b> Seasoned Green Beans</p> <p><b>Fruit</b> Grapes</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>
<p>16</p> <p><b>Entree</b> Meatball Parmesan Sandwich</p> <p><b>Vegetables</b> Seasoned Green Beans</p> <p><b>Fruit</b> Applesauce Cup</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>17</p> <p><b>Entree</b> Chicken &amp; Cheese Nachos</p> <p><b>Vegetables</b> Taco Spiced Black Beans</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>18</p> <p><b>Entree</b> Chicken Nuggets</p> <p><b>Vegetables</b> Steamed Broccoli</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p> <p><b>Misc.</b> BBQ Sauce Cup</p>	<p>19</p> <p><b>Entree</b> Macaroni &amp; Cheese w/ Chicken Tenders</p> <p><b>Vegetables</b> Fresh Baby Carrots</p> <p><b>Fruit</b> Orange</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>20</p> <p><b>Entree</b> Mozzarella Sticks</p> <p><b>Vegetables</b> Garden Salad</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>
<p>23</p> <p><b>Entree</b> Golden Crispy Chicken Tenders</p> <p><b>Vegetables</b> BBQ Baked Beans</p> <p><b>Fruit</b> Sliced Peaches</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p> <p><b>Misc.</b> BBQ Sauce Cup</p>	<p>24</p> <p><b>Entree</b> Cheeseburger</p> <p><b>Vegetables</b> Fresh Baby Carrots</p> <p><b>Fruit</b> Fresh Apple</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>25</p> <p><b>Entree</b> Sweet &amp; Sour Chicken Over Rice</p> <p><b>Vegetables</b> California Blend Veggies</p> <p><b>Fruit</b> Apple Slices</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>26</p> <p><b>Entree</b> Chipotle Beef Riblett</p> <p><b>Vegetables</b> Fiesta Corn Salsa</p> <p><b>Fruit</b> Strawberry-Mango Ice</p> <p><b>Grains</b> Mini Cornbread Loaves</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>	<p>27</p> <p>Bag-lunch Half-day</p>
<p>30</p> <p>Memorial Day</p> <p>School Closed</p>	<p>31</p> <p><b>Entree</b> Pizza Crunchers (V)</p> <p><b>Vegetables</b> Black Bean and Corn Salsa</p> <p><b>Fruit</b> Blueberries</p> <p><b>Milk</b> 1% Milk Chocolate Skim Milk</p>			