

November 2022

ICS Lunch Menu

	01	02	03	04
	Choice of Crispy Ground Beef Tacos Sweet Chili Chicken Snack Wraps <i>With</i> Fiesta Corn Salsa Fresh Apple Dinner Roll	Choice of Macaroni & Cheese w/ Chicken Tenders Cobb Salad <i>With</i> Fresh Baby Carrots Grapes	Choice of Chicken, Bacon, Ranch Pretzel Melt Chicken Salad Sandwich <i>With</i> Baked Beans Orange	Choice of <i>Pizza Fridays!</i> Buffalo Chicken Pizza Cheese Pizza (V) Turkey Pepperoni Pizza Taco Salad <i>With</i> Garden Salad Apple Slices
07	08	09	10	11
Choice of Cheeseburger Chicken Caesar Wrap <i>With</i> Seasoned Green Beans Orange Dinner Roll	Choice of Chicken and Cheese Quesadilla Santa Fe Chicken Salad <i>With</i> Taco Spiced Black Beans Pineapple Tidbits	Choice of French Toast Sticks w/ Turkey Sausage Patties Turkey & Cheese Club <i>With</i> Smiley Fries	Choice of Buffalo Chicken Cheesesteak Popcorn Chicken Salad <i>With</i> Fresh Broccoli Florets Applesauce Cup	Veteran's Day
14	15	16	17	18
Choice of PizzaBoli (V) Buffalo Chicken Salad <i>With</i> Steamed Broccoli Fresh Apple	Choice of Walking Beef & Cheese Taco Sweet Chili Chicken Snack Wraps <i>With</i> Black Bean and Corn Salsa Apple Slices	Choice of Chicken Nuggets Hot Turkey Ham & Cheese Croissant <i>With</i> Smiley Fries Orange	Choice of <i>Happy Thanksgiving!</i> Roast Turkey & Gravy Holiday Stuffing Cranberry Sauce <i>Or</i> Harvest Turkey Salad Sandwich <i>With</i> Roasted Winter Squash Apple Cobbler Fresh Apple	Choice of <i>Pizza Fridays!</i> Buffalo Chicken Pizza Cheese Pizza (V) Turkey Pepperoni Pizza Taco Salad <i>With</i> Seasoned Green Beans Orange
21	22	23	24	25
Choice of Turkey Cheeseburger Chicken Caesar Wrap <i>With</i> Steamed Corn Apple Slices	Choice of Chicken & Cheese Nachos Santa Fe Chicken Salad <i>With</i> Latin Styled Red Beans Apple Slices	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
28	29	30		
Choice of Turkey Hot Dog Buffalo Chicken Salad <i>With</i> BBQ Baked Beans Blueberries Dinner Roll	Choice of Crispy Ground Beef Tacos Sweet Chili Chicken Snack Wraps <i>With</i> Fiesta Corn Salsa Fresh Apple Dinner Roll	Choice of Macaroni & Cheese w/ Chicken Tenders Cobb Salad <i>With</i> Grapes		

Menus may change, however all changes will be in compliance with your program guidelines and requirements.

Each meal comes with the choice of 1% white milk or skim chocolate milk

Daily Vegetarian lunches are available upon request and the Daily signup sheet is located in our cafeteria. The menu remains the same each week.

Monday: Grilled Cheese Sandwich , Tuesday: Veggie Burger, Wednesday: Scooby Snack Pack, Thursday: Veggie-Burger, Friday: Pizza

This institution is an equal opportunity provider.

Food supply chain issues and shortages are happening nationwide. We will do our best to provide the posted menu but due to the unavailability of items the menus will be subject to change. We thank you for your patience through this process.

[USDA Non Discrimination Statement](#)
