



Welcome to our Breakfast Cafe



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggaböls promotion.



THE HUMANE SOCIETY OF THE UNITED STATES

June 2023

Independence Charter School

Monday

Tuesday

Wednesday

Thursday

Friday

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



1 Apple Cinnamon Muffin String Cheese Fresh Apple

2 Soft Filled Cinnamon Toast Crunch Bar Fresh Apple Fat Free Milk

5 Whole Grain French Toast Slices Fresh Apple

6 Whole Grain Pancakes with Sausage Fresh Apple

7 Whole Grain Bagel with Cream Cheese Fresh Apple

8 Fluffy Whole Grain Waffles Fresh Apple

9 Apple Cinnamon Cheerios Cereal



12 SCHOOL CLOSED TODAY

13 SCHOOL CLOSED TODAY

14 SCHOOL CLOSED TODAY

15 SCHOOL CLOSED TODAY

16 SCHOOL CLOSED TODAY

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21 HAVE A GREAT SUMMER!

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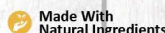
Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Each meal comes with the choice of 1% white milk or skim milk.

Breakfast Bags available everyday.